

OCT. 16-20

Baked Potato Bar, &  
Grilled Cheese Daily!  
Hot Dogs M-TF

### 5 Meal Options Costs Pre K & 1<sup>st</sup> \$5.00, 2<sup>nd</sup>-4<sup>th</sup> \$5.65, 5<sup>th</sup> -8<sup>th</sup> \$6.20

Kid Pix ..... Kids Favorites created the ECI way using Healthier Ingredients & a drink  
Chef Meal ..... Specialty items for a more sophisticated taste-made from scratch & a drink  
Sandwich Meal ..... Rotating options see list below – 2 sides & a drink  
Soup or Salad Meal ..... Rotating List below – Includes Bread or chips & a drink  
Baked Potato Meal ..... Giant Bakers all toppings 2 sides & a drink



Questions or concerns? E mail  
[seasafe@ecimanagementgroup.com](mailto:seasafe@ecimanagementgroup.com)  
or call 817-431-3857 x614  
Chef Sherri

#### KID PIX-FAVORITES

#### CHEF SPECIAL

#### ADDITIONALLY

10-16

**Chicken Tenders**  
Plain, BBQ or Buffalo  
#Fries & Fresh Item Choice

**Spaghetti & Meatballs**  
#Garlic Bread Sticks  
Fresh Item Choice

Chicken  
Noodle Soup

10-17

**Taco Tuesday**  
Choose: Beef or bean lettuce,  
cheese, tomato, onion, Jalapeno,  
cilantro,, guacamole, Sour Cream  
#Rice Beans & Fresh Item Choice  
Make it a taco salad bowl!

**Beef Enchiladas**  
**Rice/Beans**  
Fresh Item Choice

Churros  
1.50

10-18

**Hamburgers**  
#Fries & 5 free toppings  
Cheese, lettuce, tomato,  
pickle, onion

**Shrimp Scampi Bowl**  
Fresh Item Choice

Chicken  
Tortilla  
Soup

10-19

**Pasta Bar**  
Alfredo /Marinara  
# Breadstick  
Fresh Item Choice

**Chicken Fried Steak**  
# Mashed Potatoes  
Gravy  
Fresh Item Choice

Soup  
S' Mores  
Cups 1.50

10-20

**Individual Cheese Pizza**  
#Garlic Bread Stick  
Fresh Item Choice

**Baja Fish Tacos**  
# Tortilla Chips  
Fresh item choice

Giant  
Pretzels  
2.55

#### Deli Cooler Choices:

##### Salads:

Chicken Caesar  
Chef, BBQ Chicken Ranch,  
Grilled Chicken, Spinach

##### Sandwiches

Ham, Turkey, Subs  
Variety of Wraps

##### Other Deli Offerings:

Hard Boiled Eggs  
Fruit Cups, Yogurt Parfaits  
Hummus Kits, Cheese  
Sticks, Jell-o, Pudding,  
Applesauce, Whole Fruit,  
Dill Pickles, Veggie Snacks

##### Soup:

Rotates Daily

November – April  
No Meat on Friday's  
• All Soup made  
from scratch

**Chefs Corner:** Did you know our fish in our tacos is cod, and our fish sticks are whole pieces of pollock coated in a crispy whole grain breading. Our fish is not mushy. It is pricey so we do not have it too often but it is a high end product.

**\*Available Daily for  
#Carb Exchange**  
Pudding or Jell-O Cup  
Fresh item Choice  
Single cookie  
Chips off Cart

#### \*Daily Fresh Items

Applesauce  
Fresh Fruit  
Side Salad

Veggie Dippers

**\*Available Daily A-La-  
Snack Carte:**

Fresh Baked Cookies &  
Brownies, Variety of Chips,  
Fruit Snacks & Rice Krispy  
Treats.

#### \*Rotating Specials:

Giant Pretzels  
Homemade deserts  
Mozzarella Sticks  
S'mores parfaits  
Churros  
Cupcakes  
Italian Ice

**\*\* All meals served with  
choice of: 2% White Milk or NF  
Chocolate, grape juice, apple  
juice, orange juice, or bottled  
water.**