

Questions or concerns? E mail  
[seasafe@ecimanagementgroup.com](mailto:seasafe@ecimanagementgroup.com)  
 or call x 614 Chef Sherri



## 5 Meal Options Grades... pk-1 \$4.90, 2-4 \$5.50, 5-8 \$6.05

**Kid Pix .... Kids Favorites created the ECI way using Healthier Ingredients**

**Chef Meal .... Specialty items for a more sophisticated taste-made from scratch**

**Sandwich Meal .... Hoagie -Wrap or Croissant – Chips, cookie & Drink**

**Salad Meal .... Fresh & Organic – Includes Drink**

**Soup or Potato Meal .... 12oz Soup, Rotating Choices or Giant Baker Includes Drink and Small Side**

May 22-26

Grilled cheese, Mac & Cheese

**Potato Bar Daily**

Hot dogs M-TH

### Grab & Go Cooler Daily Selections:

Hummus with Carrots & Pita  
 Fresh Fruit Cups  
 Fresh Fruit & yogurt Parfaits  
 Fresh Organic Salads  
 Fresh Wraps  
 Fresh Hoagie or Croissant  
 Cheese Cubes/Sticks  
 Dill Pickles  
 Whole Fruit

\*\*Our deli meat & Cheese is free from Hormones & Nitrates  
 Granola is Gluten & nut Free.  
 Our Ranch Dressing is made from scratch and is MSG Free  
 Our dressing, bread, ketchup, syrup & relish contain no HFCS

\*\*Baked Potato Bar daily

Soup Nov. - April  
Rotates Daily

**No Meat on Friday's**

\*All Soup Made from Scratch

#### KID-PIX FAVORITES

05-22

**Chicken Tenders**  
 BBQ, Plain or Spicy  
 \*Fries & Fresh Item

05-23

**Taco Tuesday**  
 Crunchy /Soft/Salad  
 9 different toppings  
 \*Rice, \*Beans & Fresh Item

05-24

**Hamburgers**  
 5 free toppings  
 Bacon .95 x-tra  
 Fries & fresh item

05-25

**Nacho's**  
 Cheese, Meat, Beans,  
 Pico Sour Cream etc...

05-26

School's Out for Summer!!

#### CHEF SPECIAL

**Spaghetti & Meatballs**  
 Garlic Bread &  
 Fresh Item

**Cheese Enchiladas**  
 Rice & Beans  
 Fresh item

**BBQ Hoagies or  
Tenders**  
 Fries & Fresh Item

**Chicken Fried Steak**  
 Mashed Potatoes/Gravy  
 Fresh Item

Dear 8<sup>th</sup> grade we wish  
 you much success!!  
 You will be missed!  
 -Chef Sherri

#### ADDITIONALLY

Churros  
1.25

Strawberry  
Shortcake!  
2.00

Giant  
Pretzels  
2.55

### Daily Fresh Choice

*Organic Spring Mix Salad  
 Organic Applesauce in Juice  
 Carrot celery cucumber etc.  
 Diced Fresh Fruit in Season*

**\*Carb Exchange Choices**  
*(not all available daily)*

*Fries, Breadstick  
 Lays Chips 1oz Bag  
 Chocolate Chip Cookie  
 Vanilla Yogurt Low Fat  
 Jell-O, Potatoes, extra fruit  
 Cooked Vegetables in Season  
 Rice, Beans, Tortilla Chips,  
 Macaroni & Cheese etc....*

*We will still have Hot Dogs,  
 Mac & Cheese & Grilled  
 Cheese daily for our pickiest  
 eaters.*

**All meals served with  
 choice of: 2% White Milk or  
 NF Chocolate, or Juice: Apple,  
 Orange, or Grape. Or bottled  
 water.**

**Drinks in the Pepsi Cooler  
 are extra and purchases  
 must be allowed by parents**

**Chef's Notes: Answer to last week's Riddle: A Stamp. New Riddles: What do you  
 break before you use it? Why is the letter A most like a flower?**

**I hope you have enjoyed your dining experience as much as I have enjoyed preparing  
 it for you! Have a safe & happy summer! See you August 15<sup>th</sup>! -Chef Sherri**