

Picky Eaters Club



If you recognize this face at your dinner table.... You might want to enroll your child in our Picky Eaters Club. This is a place where picky eaters of all ages can come together and learn about how taste buds grow and change over time. They also get to try different styles of food in a no pressure environment.

This class is fun and educational. We have 6 classes total.

This year we start on Tuesday September 19th to October 24th. We meet in the café right after school. And parents you can pick up your kids on the west entrance of the PAC under the carport at 4 pm sharp.

We have prizes and treats for every class. and a graduation certificate at the end of the class.

We never force your child. We do not promise that they will be broccoli lovers at the end of the class.

What we are trying to accomplish is removing the fear of trying things.

WE NEED A MINIMUM OF 6 STUDENTS TO ENROLL.

Enrollment is 20.00 per child.

Make Checks payable to ECI. (We cannot deduct this off your lunch account)

If your child is in extended then we will escort them to extended after class.

If you are interested please e mail me and I will send you a sign up sheet.

My e mail is: seasafe@ecimanagementgroup.com

How you can help your picky eaters at home: 1. Don't talk about the food you hate, try replacing phrases with it is not my favorite, but I am glad I tried it. 2. Don't berate or belittle when they try something you love and they do not like it. It takes COURAGE to try new things, if they feel they disappoint you because they do not give you the answer you want to hear they will shut it down.